

# #UP/ Taking the lead in project management

## No. 8528

**Target group:** Project managers and managers who want to optimize their leadership skills in projects.

**Prerequisites:** An interest in online learning and a willingness to put the theory you have learned into practice and optimize it on a daily basis, to make sure that these new tools become a habit.

**Training method:** Online self-learning phases, live online sessions and support by professional learning experts.

**Duration:** approx. 45 days running time

**Study time:** 2 – 4 hours effective study time on the LearningHub @Cegos | 8 – 10 hours practice-oriented consolidation of what has been learned and successful transfer of the learning content into the working environment

**Number of participants:** min. 8 – max. 12

**Languages:** Available in 7 languages (ideal for international implementation)

DE EN FR ES IT PT CN

**Price:** on request

**Benefits/Content:** Thanks to this learning and implementation program, you will:

- Increase your leadership skills in the project
- Further develop your leadership communication in projects
- Be even better prepared to increase project performance.

You can acquire, deepen and apply your leadership skills in projects through a combination of digital learning, individual coaching, support from superiors or colleagues and a virtual workshop.

We call this format #UP. It is based on a personalizable learning path that guarantees real learning success.

By using this format, we are keeping the promise of 4REAL, the process model of the Integrata Cegos Group, to offer you a lasting, practice-oriented and efficient learning experience.

You are the one who is in the driving seat: You have a clear objective right from the start and choose your own learning path.

### Milestones Process Learning and applying

**1. Learning set-up**  
Definition of your objective



Day 1 – 9 | 1 – 2 hours

**2. Live Online Session**  
Exchange on learning content & support



Day 10 | 90 minutes

**3. Personalize**  
your learning path



Day 10 – 11 | 30 minutes

Sprints – You choose two of the following sprints:

**1. Anchoring goals in project team meetings by planning, persuading and influencing**

- Mobilize team members for a project and maintain motivation
- Tools for chairing project team meetings
- Your transfer of learning for chairing project team meetings – Hands-on tips for implementation in everyday work

**2. Align projects and win people over to your side**

- Win the support of your conversation partner
- Tools to win people over
- Your transfer of learning for winning people over to your side – Hands-on tips

**3. Getting the best out of negotiations**

- Educate yourself in everyday negotiation of win-win-relationships
- Tools to get the most out of your negotiations
- Your transfer of learning for getting the most out of your negotiations – Hands-on tips

**4. Increase project performance through positive and constructive feedback**

- Practice giving feedback
- Practice receiving feedback that will boost your strengths and support you
- Tools for giving positive and constructive feedback
- Your transfer of learning for giving positive and constructive feedback – Hands-on tips

**4. Learning and applying to workplace**



Day 11 – 40 | 4 – 10 hours

**5. Live Online Session**  
Exchange on transfer of learning



Day 38 – 43

Day 44 | 1 hour

**6. Get certified**  
Evidence validation\*



Day 45

\*Prerequisites for the certificate: Submission of two pieces of evidence from third parties (colleagues, managers, clients, etc.) in line with the learning objectives you set yourself at the beginning of the training program.

**Mentoring path**



Day 1 – 45 | 4 conversations

Involvement of a company internal mentor (colleague, manager, supervisor, etc.) in the learning program, who will assist you with:

- individual objectives (comparison of company and learning objectives)
- selecting sprints
- collecting learning evidence